



Instruction

When I have moved beyond you
in the adventure of life,
Gather in some pleasant place
and there remember me
With spoken words, old and new.
Let a tear fall if you will, but let a
smile come quickly
For I have loved the laughter of
life.
Do not linger too long with your
solemnities.
Go eat and talk, and when you
can,
Follow a woodland trail, climb a
high mountain,
Sleep beneath the stars, swim a
cold river,
Chew the thoughts of some book
Which challenges your soul.
Use your hands some bright day
To make a thing of beauty
Or to lift someone's heavy load.
Though you mention not my
name,
Though no thought of me
crosses your mind,
I shall be with you.
For these have been the realities
of my life for me.

And when you face some crisis
with anguish,
When you walk alone with
courage,
When you choose your path of
right,
When you give yourself in love,
I shall be very close to you.
I have followed the valleys,
I have climbed the heights of life.



Rosycompany.co.uk